

PHOENIX NEWS

Events in Tower Hamlets

ALL POINTS EAST (22-31 May)

In-between the two weekends of ticketed music, the site is open to All Points East In The Neighbourhood. In collaboration with Tower Hamlets Council, the local community, businesses, organisations and suppliers, In the Neighbourhood will host a vibrant 4-day programme of free activities and entertainment across the Bank Holiday Monday and half term week. From free Outdoor Cinema, Live Music & Entertainment and Street Food to Pop Up Bars, Theatre, Arts, Sports & Wellbeing, Children's Activities and loads more.

[More information here](#)

VISIT THE TOWER OF LONDON FOR £1

If you are a resident of Tower Hamlets you can visit the Tower of London for just £1. To take advantage of this all you need to do is take along your Idea Store or Tower Hamlets Library card along with your proof of name and address e.g. a utility bill or bank statement [details here](#)

Moving East : Poplar The continued rise in house prices in the borough of Hackney has seen Phoenix look further east to Tower Hamlets and Newham to find new properties. It has become clear that we can get more for our money in these slightly less central areas, meaning we can house proportionally more members. The benefit is often larger room sizes, greener and less polluted areas and new boroughs to explore. I have lived in Poplar for over four years now and have grown to love the area - it is well connected (20 minutes to Shoreditch by bike, a few minutes to Stratford and Canary Wharf on the DLR) with a genuine sense of community, and a fascinating history. I live above a daily fruit and veg market (Chrisp Street Market) and now feel at home in a part of London I never knew before.

Some amazing things Poplar has to offer are...The Nunnery Gallery which hosts a varied programme of exhibitions and events, and The Museum of Docklands which is a fascinating source of local history (and conveniently situated next to a great Wetherspoons). Cody Dock (on the The Line contemporary art trail) and Trinity Buoy Wharf (artists' studios, lighthouse, museum, American diner) are both repurposed docks and worth a visit. The world-reknowned A & B Foundry does bronze casting for contemporary artists. Two beautiful grade II listed churches, All Saints and St Annes in Limehouse are wonderful historical buildings. There are amazing cafs - JP's (Chrisp Street) and Cooking Pot Cafe, I am also walking distance to Billingsgate Fish Market (with its 24 hour caf) and Frank's Cafe where Gilbert & George go every Saturday morning for breakfast. There are two Pie and Mash shops; Maureen's (my favourite) and Eastenders. The newly refurbished Greenwich Pensioner pub does great pizza & a pub quiz and Poplar Union is an arts & community centre with home cooked food and e5 bakehouse bread fresh every day. There is also the recently renovated Art Deco Poplar Baths (swimming pool and gym). and the Idea Store which has a great selection and will bring in books & DVDs from other sites if you ask. Every year I look forward to watching the London Marathon run along Poplar High Street, everyone comes out to cheer the runners on. We also have the Olympic Park now home to West Ham. As a Londoner I have loved discovering a part of the city that was previously unknown to me - which is important to remember as the future of Phoenix looks further East.

Members' Noticeboard

This weeks' Top Tracks from Andrew Coram

<https://open.spotify.com/playlist/483X4VeYkq5WRw5t6zoQ8H?si=UzLUKVgEREy-ihsfIRUM-g>

if anyone else wants to contribute a mixtape please **be in touch** and I will set up a link to your Spotify account

Feldenkrais with former member Ester

Every Wednesday evening
between 7.15-8.15 in The Cabin
(bottom of Balfron Tower)

£3-5 per person
jayne.clavering@poplarharca.co.uk
or 0203 069 7401

Firefly Therapies

Charley is currently offering 20% off all services to the community - Thai Massage , Sound Healing, Breakthrough sessions and Life Coaching ♥

www.fireflytherapies.com 😊 very willing to come to you! Please message me for details and bookings 07761912453 x

if you have any projects, news or events to share with the members here is the place to do it

Annual General Meeting The upcoming AGM is being held on Wednesday 29th April at 6.15pm at Bethnal Green Working Mans Club, Pollards Row, E2 6NB. Please email Colin (clock@phoenixhousing.co.uk) if you are unable to attend.

Available property in Phoenix We have a 2 bedroom property vacant at the moment, can be occupied immediately, location is SE2 9EQ.

Rent is £146.25 per week per room, includes Rent, Council Tax and Water Rates, all white goods in the Kitchen included. Can be rented to 1 person, this would cost £266.50 per week, but does not include Council Tax

Property is on the ground floor of a block, entryphone system.

Please be in touch with Colin to arrange a viewing.

Thames Water As previously raised by email (19/2/20), a change in the way water rates are paid means that some members will be paying considerable more than they previously have been. For those not earning over £16,105 (before any deductions) discount is available. In some cases (for a single person) this lower charge has been backdated to April 1st 2019.

Terry managed this by emailing customerfeedback@thameswater.co.uk informing them that they had billed him at the higher Chargeable Value rate (based on the old Rateable Value), for a year in advance, without inquiring about his circumstances. Also that the delay in changing to the new rate was their fault. Other members affected could also try this, with possible saving of £97.

[link to access form here](#)

as always any feedback / ideas / regular features / creative projects / news / horoscopes / events / poetry / opinion / anything you would like to share please feel very free to get in touch emmajrock@hotmail.com